



English in Action

FOOD IDIOMS

FULL OF BEANS



Lively and energetic

"I'm exhausted - my kids were **full of beans** today."

NOT MY CUP OF TEA



Not what I like

"Some people like horror films but they're **not my cup of tea**."

CUT THE MUSTARD



Do something well

"Do you think John is the man for the job? I don't think he can **cut the mustard**."

IN A PICKLE



In a difficult situation

"I really need your help because I'm **in a pickle**."